



St Paul's Update

5 August, 2015

Term 3, Week 4

Important dates for your Diary

7 Aug	Whole School Mass - Years 1 and 2 Prepare
7 Aug	School Census Day
8 Aug	Feast of St Mary of the Cross MacKillop
9 Aug	Cake Stall - P&F Fundraiser at Bunnings – Help Required!!
10 Aug	Year 1 Excursion to Calmsley City Farm
10 Aug	Reading – Parent Information Session 9:15am
11 Aug	ICAS Maths Competition – Year 6 Classrooms 7:45am
12 Aug	Voice of Youth School Final
13 Aug	Hills Zone Athletics Carnival
14 Aug	Year 4 Excursion – Bradleys Head National Park
15 Aug	Feast of the Assumption

Staff Development Day - Friday 21 August - Pupil Free Day

NRMA Road Safety

Here are six important Safety Tips from the NRMA - If you would like to learn more about these important child safety issues, visit mynrma.com.au/childsafety or email education@mynrma.com.au to learn more.

1. **By law**, all children under the age of 7 must use a booster seat. A booster seat allows children to sit taller in the seat so that the adult seatbelt doesn't rest across their neck which is very dangerous in a crash.
2. **Did you know** that for maximum protection, your child's seatbelt must sit on their collarbone and across their hip bones? If your child is constantly slipping their seatbelt under their arm so that it rests against their ribs, then they may still need a booster seat. We need to keep the seatbelt away from the rib cage as it is not strong enough to withstand the forces generated in a crash.
3. **The front seats of cars** are potentially dangerous places for children. Airbags deploy at 300km/hr and they are designed to hit an adult at chest height. For any child under the height of 150cm it will hit around head height. Australia growth charts show that less than half of children reach 150cm by the age of 12, so delay your child's move into the front seat for as long as possible.
4. **For a bike helmet to do its job**, it must stay on your child's head in a crash and the best way to do this is to adjust the straps to ensure there is no more than a

two finger space above the eyebrows and between the chin and strap. Take off your cap to ensure your helmet stays in place or wear your hair in plaits rather than a high pony tail when riding.

5. **Never slash or cut the inside foam of your bike helmet** as this is the part that absorbs all the force that would be transferred to your head should you crash. If you have a crash and your helmet hits the ground, you will need to replace the helmet even if it still looks okay. This is because the all-important inner foam has been compressed and it is now too hard to absorb the force of another crash.
6. **Make sure your child's bike** is the right size bike so they can always be in control - are the balls of the feet able to reach the ground when they are seated on the bike? If not, you will need to lower the seat. Make sure that the brakes, gears and bell are in easy reach when riding.

Book Week - "Books light up our World"

To celebrate Book Week students from K - 2 will participate in a colouring-in competition and students from Years 3 - 6 will participate in a drawing competition. Students are encouraged to be creative in highlighting the book week theme 'Books Light up our World'. All entries are due on Thursday 13 August. Two prizes will be awarded to each class.

The Book Week Parade will take place on Tuesday, 25 August. Students are encouraged to dress up as a book character that lights up their lives in some way. Creativity, not expense, is the key. More details will follow.

Premiers Reading Challenge

Congratulations to the following children who have completed the Premiers Reading Challenge:

Zed C, Nathan B, (Kindy), Gabrielle A, Bryce F (Year 1), Patrick R (Year 4), & Alana A (Year 6)

A reminder to the children who have registered that there are only **16 days left** to go on line and record your books read. **The challenge closes on Friday, 21 August.**

Petrina Taylor
Teacher Librarian
ptaylor3@parra.catholic.edu.au

Reading - Parent Information Session

We will be holding a Parent Information Session on ways that you can help your child with their reading on Monday 10 August at 9:15am in the staffroom. This will be a repeat of the session that was presented to parents at the last P&F meeting.

Save the date..... Safety of our children

P & F Meeting - Tuesday 18 August 7:30pm

The safety and wellbeing of our children and the issue of bullying in school is always very high on the agenda of the Leadership team at this school. At the general P&F meeting on 18 August, the School Leadership Team will be presenting an outline of our policies and procedures in tackling these issues at St Paul's. We would invite as many parents as possible to attend the evening. More information to follow.

Awards - Week 3, 2015

Student of the Week		St Paul's Award	
Student of the Week is awarded to the child who demonstrates outstanding application across all Key Learning Areas		St Paul's Award is given to the child who demonstrates our five school values – Faith, Commitment, Leadership, Integrity and Empathy in their interactions with others	
KI	Jerome H	KI	Heidi S
KP	Cooper N	KP	Lucas N
1G	Nicholas A	1G	Grace M
1L	Joel O'B	1L	Jacinta K
2G	Hayden D	2G	Eleanor W
2N	Megan S	2N	Benjamin B
3L	Nicole B	3L	Liam O'B
3V	Rylee V	3V	Jayden W
4J	Thomas B	4J	Sophia P
4P	James B	4P	Katie M
5S	Emily J	5S	Christian W
5ST	Trent M	5ST	Declan A
6L	Tienna B	6L	Jenny G
6M	Quinn O'R	6M	Celine B

Happy Birthday - to all those celebrating their birthdays 6 August - 12 August

Joshua B, Jake H, Joshua V, April W, Ebony E, Murphy D, Elizabeth W, George J, Hannah D, Nicole B, Heidi S.



St Paul's Netball Club Update - Round 14

Congratulations to Team 17 (9's) who won against OLOR 22-4 and then went on to be undefeated in the Gala Day. Congratulations also to Team 14 (11D1) who won against Oakhill Drive 9-8. We wish Team 13 (12D1) all the best in their semi-final this weekend. Well done girls.

WE NEED YOUR HELP!



SCHOOL FUNDRAISER BUNNINGS CAKE STALL

CNR OLD WINDSOR ROAD AND ABBOTT ROAD
SEVEN HILLS NSW 2147

THIS SUNDAY 9 AUGUST, 8:00AM - 3:00PM

We are kindly asking for parent and student volunteers to help us out at this school fundraiser. Money raised will help our whole school community, so thank you very much in advance. We will need help with baking, serving, cooking and selling, so if you can assist us in any way we would really appreciate it.

We have set-up an hourly roster system, using our on-line booking system www.schoolinterviews.com.au. Please feel free to book in more than an hour if you have the time, plus if you do not wish to use the online booking system and would prefer to let us know directly, please feel free to contact us.

For Bunnings Cake Stall at Seven Hills use the school event code: YFTRB

If you are unable to come along to help at the stalls, then you might want to assist us in baking or purchasing some sweet treats for the Cake Stall at Bunnings. We are looking to sell biscuits, cookies, slices, cakes and cupcakes (with no fresh cream). If you are able to help us out with any sweets or treats, we would really appreciate it if you could let us know, so we can work out a drop-off day and/or time.

Thank you again for your continued support, looking forward to seeing you there.

Mirna Jasser 0414 896 037 or Danielle Haddad 0419 440 922.

