



St Paul's Update

29 August, 2018

Week 6, Term 3

Dates for the Diary

29 Aug	Confirmation Parent Talk in the Church 7:30pm
30 Aug	Confirmation Parent Talk in the Church 10:30am
31 Aug	Father's Day Celebrations
31 Aug	Year One Assembly @ 2:15pm
1 Sep	HAPPY FATHER'S DAY
3 - 7 Sep	Year 3 & Year 5 NAPLAN online readiness program
7 Sep	Kindergarten Taronga Zoo Excursion
7 Sep	Stage 2 Touch Football Gala Day
13 Sep	Surf Education Talk - Years 5 & 6



Father's Day Celebrations - Friday 31 August

Father's Day is almost upon us and we are looking forward to the celebrations.

The day will commence with our Father's Day Breakfast from 7:30am, Open Classrooms from 8:30 - 8:55am and Mass in the Church at 9:10am. After Mass all children will have the opportunity to visit the Father's Day Stall. If you have not done so already please complete the tear off slip letting us know how many of you will be joining us for breakfast.

We are looking forward to celebrating our very special dads, grandad's, uncles and friends.

Just a reminder to wear your Jersey on Friday 31 August to raise awareness of Organ Donation.

This is NOT A MUFTI DAY or FUNDRAISER - You may wear your Jersey with your SPORT UNIFORM

JERSEY DAY

Vivacious Vocabulary Parade

Our vivacious vocabulary parade, held yesterday, encapsulated the attention of all participants and onlookers. It was a spectacular event that showcased over 400 words.

In 2018 our school goal was to increase the vocabulary of all our students in order to improve their writing. Yesterday's parade was a great way to continue our focus on vocabulary. While we endeavour to find treasure in the library throughout the term, yesterday we found treasure in words. The children dressed in some very creative costumes to highlight various words. The children, staff, parents and toddlers, enjoyed sashaying down the stage to music, each having an opportunity to shine.

Thank you to all, for your participation and support. These events come together with so many people playing a part. It is days like this that the children learn from and remember for many years to come. Thank you once again.



Religion books home this Friday

On Friday all students will be bringing home their Religion books. The students are excited to share their work with you. Please take some time to look over their work.

- Ask them to share with you their favourite piece of work.
- Ask them what they were learning about.
- Ask them what scripture they may have been learning about.

Can you please select one of piece of work and write a comment about their fabulous learning. All books need to be returned on Monday, please.

World Youth Day Raffle Tickets

Just a reminder that if you have any unsold raffle tickets at home, we would be grateful if they could be returned to the school office by this Friday 31 August. at the latest. Thank you.

National Child Protection Week 2-8 September 2018

Listening to children - Why it is so important

Making a point of listening to every child you know is one of the most important things you can do. It shows children that you really care and respect that they are worth listening to. This helps them feel they are special and respected. Being listened to also helps children to practice putting ideas into words, explore their feelings and develop self-confidence. When you listen to your child, you benefit by learning more about how your child thinks and feels, and what they need.



Some tips to help encourage children to talk

- Ask about the best thing that happened in your child's day
- Remember what has been going on for your child so you can ask the best questions
- Ask about their friends
- Ask their opinions about things, Ask how they would solve problems. Respect their answers!
- If you are reading a book with your child, discuss it with them. Pause at the end of each page for them to comment.
- If your child does not respond to a question, try not to push. Change the subject.
- Remember that children live much more in the minute than adults. If they do not want to talk about what happened at school, it is probably no longer important to them.



123 Magic & Emotion Coaching Parent Course

As mentioned in last week's newsletter, Helen Boerma (School Counsellor) and Alison Kaylinger (Diocesan Counsellor) will be presenting 123 Magic and Emotion Coaching here at St Paul's on Wednesday 5, 12 and 19 September from 9:30 - 11:30am. Helen says "The parenting course is aimed to add to our skills to communicate with our children, in some of the more challenging moments that might arise. For example, in those times when we want them to stop something they are doing, or wish they would start! It also aims to help us to respond well when children express strong emotions, as well as to manage our own feelings at those times when it matters. I think it is a good course because it makes an important connection between how people (adults and children) feel and how we act."



"I have previously found many parents value this course, and report that the ideas presented helped them to bring greater calm, and freed them for more good times, in their families. Alison and I would look forward to meeting you if you can join us."

If you are interested in taking part in this very worthwhile course, please complete and return the slip attached to note at the back of this newsletter.

When is sick too sick for school

We advise you to keep your child home if he or she displays any of the following

- He/she has a temperature higher than 37 degrees
- He/she is vomiting or has diarrhoea
- His/her eyes are red and crusty (conjunctivitis) - Highly contagious!
- He/she has the flu - combination fever, sore throat, cough, muscle aches and headaches



In the last few weeks we have seen many cases of conjunctivitis, some very severe. - Conjunctivitis is a highly contagious infection and can cause great discomfort to the eyes. If your child wakes with reddened, itchy/scratchy eyes, possibly with a discharge, please err on the side of caution and keep them at home. This is not something that will just clear up on its own, medical intervention is required. Children should not return to school until all discharge has been cleared.

Premiers Reading Challenge - 2 Days to go....

Congratulations to the following children who have completed the reading challenge this week.

Vincent J (Kindy), Elias K (Year 2), Johanna O (Year 3), Gabrielle A, Riley B (Year 4), Kathryn R (Year 5), Michael D and Ben O (Year 6).

There are only 2 days left for you to log your books read online. The website will close on Friday, 31 August and late entries will not be accepted.

Happy Birthday to those celebrating this week...

MAX M, RILEY B, ALLANAH T, BLAKE K, BROOKE K, DAVE A, CIARA S, BEN B, CLARA G, EMMA R, ZARA B, LARA L



St Paul the Apostle P & F

News & Events

✦ Fathers Day Breakfast and Stall - Friday 31 August

Thank you!

Thank you to all who came along to 'Wine at School'. We had a great P&F meeting and were able to spend some time catching up with P&F news, hear what is happening with our fete, and finding out what is happening at school now and what is planned in the future. All this whilst enjoying some cheese, wine, sushi and sweet treats. It was great that so many wanted to come along and enjoy our casual catch up meeting.

A HUGE thank you and shout out to our school leadership team who graciously extended their day at school and were very open and informative in our question and answer section. I think we all got a lot out of the session and it was a great informal way to connect with the leadership at school. THANK YOU!



Fete Update

Look out for notes coming home soon ... we have a Hamper Mufti Day, Second Hand Book collection, we are organizing a school fete stall, our Major Raffle and we have plenty of other events and items we want you know about ☺



It is not too late to become a sponsor or donate a prize – contact StPaulsFete@gmail.com

Father's Day Stall



FRIDAY 31 AUGUST



Our Father's Day stall will be held during school time. The class teachers will bring the children to the stall to purchase gifts for the special people in their life. It is important that the children bring their money in a secure snap lock bag or a wallet on the day of the stall (this is important for them to put their change into as well).

We have a variety of gifts available at very reasonable prices. We try to make sure each class is offered the same gifts but please make sure your child has alternate gifts chosen in case they don't get their 1st choice. Your child may buy up to 3 gifts. We will be holding a raffle at the stall with over 20 prizes and tickets will be 50c each.

We are also looking for helpers to sell at the stall. Please meet us in the **CANTEEN AREA** at 10am or after mass. As always we really appreciate the time and help of our parents at all our P&F events.

GIFT CARD		\$1.00	POCKET 3 IN 1 TOOL	\$3.00
EXECUTIVE DAD PENS		\$1.50	SPORT SOCKS	\$3.00
EXECUTIVE GRANDPA PENS		\$1.50	BATMAN KEYRING	\$3.50
CAR AIR FRESHENER		\$1.50	SUPERMAN KEYRING	 \$3.50
UBER DAD CAR SIGN		\$2.00	DAD BBQ TONGS	\$3.50
GRANDFATHER MAGNET		\$2.00	BEST DAD MUG	\$3.50
FUN MAGNET		\$2.00	WOODEN BRACELET W/CROSS	\$3.50
JELLY BEANS FOR DAD		\$2.00	CAR WASH MITT	\$3.50
DAD SOAP ON A ROPE		\$2.00	SOCCER BALL KEYRING	\$3.50
MAGNETIC BOTTLE OPENER		\$2.50	GRANDFATHER HANGING PLAQUE	\$4.00
FLEXI KEYRING		\$2.50	JUMBO CAMPING MUG	\$4.00
BOTTLE OPENER TORCH KEYRING		\$2.50	COMPASS KEYRING	\$4.00
DAD'S NOTEBOOK		\$3.00	TOILETRY TRAVEL BAG	\$4.00
DAD HAMMER KEYRING		\$3.00	POTTED PLANTS	 \$4.00
GOLF TEE SET		\$3.00	JUMBO CAMPING MUG	\$4.50
NOTE HOLDER		\$3.00	DAD'S METAL NUMBER PLATE	\$4.50
PUZZLE TORCH KEY CHAIN		\$3.00	ALUMINIUM DRINK BOTTLE	\$5.00
DADS MAGNETIC JOB LIST		\$3.00	MENS CLASSY CUFF LINK	\$5.00
BUSINESS SOCKS		\$3.00		



1-2-3 MAGIC[®] & EMOTION COACHING PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents and carers

at **St Paul the Apostle Primary School**

44 Buckley's Road, Winston Hills

on **Wednesdays 5th, 12th, 19th September 2018 at 9.30-11.30am.**

Learn:

- ✓ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them develop frustration tolerance
- ✓ To help children's brains to develop filters for behaving well
- ✓ To resolve family conflict quietly
- ✓ Some simple strategies to practise being a calm parent

Registration Fee?

\$10 to purchase the workbook.

Register for this course by completing the form below.

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenters for this course are Helen Boerma, School Counsellor, and Alison Kaylinger, Leading Counsellor in the Well Being and Behaviour Team in Catholic Education Diocese of Parramatta.



PLEASE RETURN TO THE SCHOOL OFFICE

I / We would like to attend the 1-2-3 Magic & Emotion Coaching Parent Course.

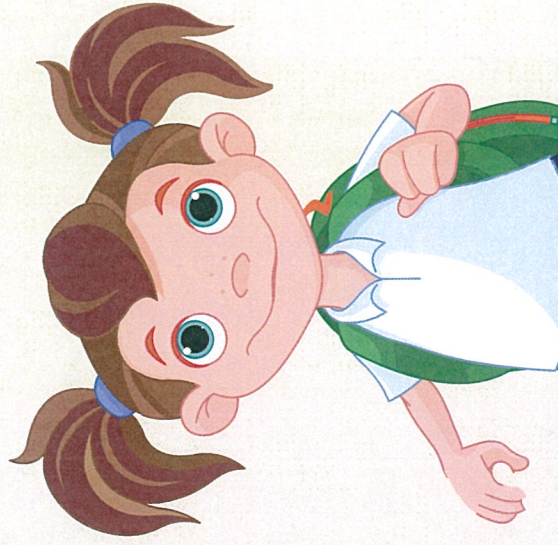
Number of adults attending: _____

Name/s _____

Contact Number: _____

every learner
every day ☒

When is sick too sick for school



Send me to school if ...

- ✓ I have the symptoms of a cold or hayfever
- ✓ I have a sprain, strain or pain and I can function (walk, talk and eat)
- ✓ If I have asthma, diabetes, epilepsy etc - school personnel are trained to manage my condition. Talk to the school about my health plan
- ✓ I haven't vomited or had diarrhoea for 24 hours



If I am sick please call the school or write me a note to let the school know why I am not at school.

Keep me home if ...

- ✓ I have a temperature higher than 37 degrees
- ✓ I am vomiting or have diarrhoea
- ✓ My eyes are red, and crusty (conjunctivitis)
- ✓ I have influenza (flu) - combination fever, sore throat, cough, muscle aches and headaches
- ✓ I have the symptoms of an infectious disease. Go to NSW Health - A-Z of infectious diseases for more information



Catholic Education
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